

Longtown

Outdoor Education Centre

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Students' Kit List

There is no need to make special purchases; the centre provides all specialist equipment, including waterproofs and boots. **You should, however, expect to get wet and dirty during each day's activities**, so you will need to bring several changes of warm clothing.

Item	Notes	Tick
Casual clothes for travelling and relaxing	2 sets	
3 prs of thick socks to wear in boots and wellies	Wool mix are best: nylon may cause blisters	
3 pairs of warm loose trousers	Track suits are ideal. Jeans are no good: they are very cold and heavy when wet.	
3 warm jumpers or sweatshirts	Cheap fleeces are ideal	
4 or 5 T-shirts		
Sturdy water bottle	Named. This will be used every day.	
Underwear and socks	Several changes	
Shoes to keep clean for indoors	Slippers/flip flops/crocs etc	
1 pair of old trainers	For outdoors and for water activities	
A warm hat	Wool or fleece – even in summer	
1 pair of warm gloves	Even in summer	
Swimming costume	For water activities	
2 large towels	1 for showers, 1 for changing after activities	
3 large bin liners and a couple of carrier bags	For wet clothes after activities	
Personal wash kit, toothbrush, etc.	No aerosols due to fire alarms and asthma	
Night clothes / pyjamas		
Spending money (£5 max) handed to form teacher the week before we leave – in a named envelope	Optional - The Centre shop sells some souvenirs.	
Shorts		
Sun hat		
Sun cream	Please provide this – regardless of the forecast	
NO MOBILE PHONES, there is no Mobile phone signal at the Centre. They will be confiscated.		

Rucksack as hand luggage: water bottle, packed lunch (in a disposable box), card games/top trumps to play on the coach, mp3 players if wanted, waterproof coat.

Pupils need to be at school for the normal time, wearing their Longtown hoodie – we will leave school at 10am. They will need to be able to carry their suitcase/holdall – they may be on the third floor.

They also need to know how to put a duvet cover and pillowcase on.

We aim to return to school for 5pm – traffic allowing.