

Stay Connected Locality Newsletter

March 2022



This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children, young people, and families.

Table of Contents

Countywide	2
Join in our big conversation and have your say on how to make West Northants thrive.....	2
NPGF Autism Waiting list survey.....	3
Young Healthwatch Northamptonshire.....	3
Careers Day With Animals Free Online Event.....	4
#Young Carers Action Day.....	4
Free Creative counselling sessions for 13-18yrs.....	4
Neurodiversity Networks ADHD Courses and Talks.....	5
Northamptonshire Short Breaks Service.....	5
South Northants and Daventry	6
Daventry Museum presents Our Solar System.....	6
Daventry Time Capsule Competition.....	6
New youth club for Yr 6 children in Brackley.....	6
DISC – Disability Inclusive Sports Club every 1 st and 3 rd Sunday.....	7
Daventry Mindful Mile.....	7
Do you live in Daventry and identify as LGBTQ+?.....	7
The Armed Forces Community Hubs.....	7
Strong Start.....	8
Northampton	8
Community Spaces Northampton – Community Café Briar Hill.....	8
Strong Start.....	9
New Sports Project Delivered by Prospects and Trilogy Health and Fitness.....	9
Impact Now.....	10
New Play and Stay in St James!.....	10
The Manna House Counselling Service.....	11
Northampton Street Sports is back!.....	11
Abington Park Museum It's a Bugs Life.....	11
NAB Events for Children and Families.....	12
Jobs Fair.....	12
East Northants	12
Free Bleed Control Training – Hosted by Off the Streets NN CIC.....	12

Irthlingborough Library	13
Raunds Foodbank and Community Café.....	13
Oundle Library Activities	13
Stanwick Lakes Easter Egg Trail.....	13
Wellingborough	13
NN8 Knives Down Gloves Up free mma and self defence classes	14
Easter Egg Hunt at St Marks Church	14
Parent Support Drop In	14
Earls Barton Community Library and Community Centre	15
Strong Start Healthy Family and Me.....	15
Spring at the Chester House Estate	15
Beat the Street is coming to Wellingborough.....	16
Kettering.....	16
Enfold Family Fun Day!.....	16
Free Bleed Control Training – Hosted by Off the Streets NN CIC	17
Youth Works Spring Term 2022 Activities	17
Youth Works Easter Holiday Club 2022	18
The ‘Have a Go’ Arts Festival at Kettering Arts Centre.....	18
Johnny’s Happy Place.....	18
Mind Kettering Wellbeing Courses	18
What’s on a Desborough Library and Community Hub.....	19
Groundwork Northants	19
NAB events for children and families.....	20
Corby.....	20
Corby Foodbank Update	20
Gruffalo Orienteering at Fineshade Wood.....	20
Kingswood Neighbourhood Centre Youth Club	21
Corby Library What’s On?	21
Lets perform for NANNA	22
Free Bleed Control Training – Hosted by Off the Streets NN CIC	22
Declaration.....	22

Countywide

Join in our big conversation and have your say on how to make West Northants thrive



People living and working across West Northants are encouraged to get involved in the biggest conversation yet about shaping local services and improving their community.

West Northamptonshire Council today launches the [Thrive West Northants Big Conversation](#) – an online forum where residents and businesses can have their say on anything and everything to help develop future plans on a range of topics, including making the area more sustainable place to live and work.

The conversation forum, which is totally anonymous and open 24/7 over the next three weeks, enables people to comment, discuss and suggest ideas about what things the council should be doing and prioritising to help make West Northants a great place to live, work, visit and thrive.

Residents are encouraged to give their views on a range of topics, from tackling climate change and improving the local economy to caring for the young, elderly, and vulnerable.

People can add their comments or ideas onto the online forum from their phone, tablet, or computer which will later be analysed and fed back to the Council to help shape its future. Those residents unable to access the internet at home or on their own devices can join in the conversation by visiting their local library. Join in the big conversation by visiting [Thrive West Northants](#)

NPGF Autism Waiting list survey

Northamptonshire CCG are undertaking a review of the Autism Diagnosis waiting lists in Northamptonshire. They are committed to supporting people on the autism spectrum and ensuring they receive support to enable them to live happy, healthy, and independent lives within their communities.

This review will focus on those aged 0-18 and will inform the future delivery of services for children and young people on the autism spectrum. There are surveys for young people themselves on a waiting list, those with lived experience who are now diagnosed, parents/carers and professionals.

The closing date is 20th March – for full information please visit this link [Autism Waiting List Survey](#)



Young Healthwatch Northamptonshire

Are you aged 11-19 and want to make a difference to health and social care in Northamptonshire?

We are looking for young people in Northamptonshire who are interested in young people's health and wellbeing and are keen to advocate this voice.

You will get to meet new people, get valuable work experience working with professionals and be able to contribute to decision making....and much more!

If you are interested in joining or want to talk more about the role please contact Rebecca Hay (Healthwatch North & West Northamptonshire Officer) rebeccahay@healthwatchnorthamptonshire.co.uk or text 07951 419331 or visit their Facebook page [Young Healthwatch Northamptonshire | Facebook](#)



Careers Day With Animals Free Online Event

Virtual Careers with Animals Day is a **free, online event for those interested in working with animals**. Hosted on Microsoft Teams, you'll get the chance to listen to career talks from key organisations within the animal care and veterinary industry and have the opportunity to ask questions.

Our programme for the next Virtual Careers With Animals Day on **Saturday 19th March, 9.00am-3.30pm** is now available to download by visiting [Virtual Careers With Animals Day Programme](#)

Whether you want to hear more about a career in veterinary nursing, how to become a dog groomer or what it's like to work with marine life, Careers with Animals Day has something for everyone.

Speakers include professionals from The Royal Veterinary College (RVC), Wood Green, The Animals Charity, 1st Military Working Dog Regiment, Fens Falconry, British Divers Marine Life Rescue - and many more! Watch the event live and come away with lots of inspiration to help you start a career with animals! You can pop in and out throughout the day for the talks you want to watch.

For more information please visit [Careers With Animals Day – South of England – Careers With Animals Day](#) To attend please visit the above link on Saturday 19th March or register your interest on this page and you will be sent a reminder.

#Young Carers Action Day

March 16th, 2022, is Young Carers Action Day! This year's theme is action on isolation.

Northamptonshire Young Carers Service is running a Big Night In event on the day, 6pm to 8pm!

Please come along, bring your families, meet other young carers, and reduce your isolation! Activities include Laughter Yoga, kitchen disco, mindfulness drawing therapy, relaxation/wind down, and a bedtime story! ...

Register in advance for this meeting: by visiting [Young Carers Action Day Registration](#)



Free Creative counselling sessions for 13-18yrs

Creative counselling uses art alongside traditional talking skills to creatively support and manage your mental health and wellbeing. You do not have to have any previous art skills, just an openness to try and all your creative materials are provided as part of each of your sessions.

We offer sessions for young people aged 13-18 years old, these are available for free every Wednesday throughout the day.

If you are interested in trying Creative counselling, you can get in touch with us via email or social media for more details or book a free consultation call via our website to see if it is the right thing for you before booking a session. Professional and self-referrals are both accepted. Each creative counselling session is free of charge and is 45mins in length. Sessions can be arranged by appointment only.

All sessions are available face to face at The Yard, (Gold Street) in Northampton or online via Zoom for more information please visit [About Us | Creative workshops | The Curator Educator](#)

Throughout February and March, we are offering sessions for adults for just £15 on Mondays and Fridays throughout the day (*Regular price £35*).



Neurodiversity Networks ADHD Courses and Talks

Neurodiversity Networks have new courses coming up

Weds 23 March – is the start of our 6 week course for Teens with ADHD to book please visit [Teens with ADHD Group Coaching Tickets, Wed, Mar 23, 2022 at 6:00 PM | Eventbrite](#)

We have 2 parent talks coming up with Jannine via Eventbrite which are £5.50 per family the first on Wednesday 16th March 7.00pm-9.30pm and the second Sunday 20th March 10.00am-12.30pm.

To book on either of these talks please visit [ADHD parent/carer talk Tickets, Multiple Dates | Eventbrite](#)

In addition the next 6 week parent course starts on Tues 29 March £59.50 per family all held on line To book and to find out more please visit [6 Week Parent/Carer Skills Building Course - Parents of children with ADHD Tickets, Tue, Mar 29, 2022 at 7:00 PM | Eventbrite](#)



Northamptonshire Short Breaks Service

For Children and young people in Northamptonshire, aged 5 to 18, with a range of needs, such as Moderate Learning Disabilities (MLD), Autism Spectrum Disorders (ASD), Asperger's, and Profound and Multiple Learning Disabilities (PMLD).

Find out where your local youth club is in Daventry, Kettering, Wellingborough, Corby, Towcester and Northampton and if you are interested in finding out more information regarding these youth clubs please contact 01604 752553 or email Northants.Disability@actionforchildren.org.uk

To view the full timetable of activities please visit [Northamptonshire Short Breaks Service Timetable \(actionforchildren.org.uk\)](#)

South Northants and Daventry



Daventry Museum presents Our Solar System

Daventry museum partnered with UK Astronomy and in celebration of British Science Week, is hosting free, family friendly, interactive talks about the world above us. Saturday 19th March, sessions between 10.15am – 2.45 pm at Daventry Museum. Booking required through Eventbrite via our website by visiting [Daventry Museum](#)

Daventry Time Capsule Competition

What will Daventry and your community look like in 100 years. Enter our competition and tell us what you think.

When: The competition is open now until the closing date of Saturday 28th May 2022.

Where: Pick up your entry form at Daventry Museum or download it from the museum by visiting [town council websites](#).

How: Drop your entry sheet into the museum or email it to projects@daventrytowncouncil.gov.uk .
Winners will be announced in June.

Who: Open to children in Reception to Year 6.

Entry: It's free! If you're within the age range, enter the competition for your chance to win a starring role in burying the time capsule plus lots of goodies!

You can draw, write a newspaper report or a poem, do one element or all three, it's up to you, but you must also give us some ideas of items you'd like to see put into the capsule and make sure you get your entry to us by the **closing date of 28th May 2022**. Three winners will be selected from the submissions and the first prize winner will accompany a member of Orbit's site team to bury the time capsule at Micklewell Park, on Saturday 6th August. All three winners will print their hands in the slab above the capsule's location and receive a goody bag. A display of entries, Micklewell Park plans, archaeological reports and diagrams will be held at Daventry Museum in August. Check the museum website for more details to come.

Are you from a Daventry primary school? Why not get your class involved? Contact projects@daventrytowncouncil.gov.uk for more information.

New youth club for Yr 6 children in Brackley

SNYE Youth Club – open to Year 6 children for any school! Activities will include arts & crafts, games, cooking, music, tuck shop and loads more!

Price £1 weekly

When: 6.30-7.30pm on Tuesdays (Starting on Tuesday 8th March)

Where: Southfield Primary School, Banbury Road NN13 6AU

Booking is required due to limited capacity. To book your place please email admin@youth-engagement.co.uk

DISC – Disability Inclusive Sports Club every 1st and 3rd Sunday

DISC (Disability Inclusive Sports Club) is a multi-sport club for people with a disability or special need and their families. We offer a variety of sports & activities for you to partake in, delivered by a mix of qualified coaches & volunteers.

We ask that our DISC members are accompanied at all times.

DISC is held on the 1st and 3rd Sundays every month between 3 and 4pm. If there is a 5th Sunday, we will run on that day too. (Will attach a monthly programme once we have activities finalised).

DISC is held at Towcester Centre for Leisure, Milton Way, Towcester, Northants NN12 6UW

DISC sessions are free of charge; however, we welcome donations to ensure the sustainability of the club.

Swimming is not currently part of DISC however this does follow our sports session from 4-5pm and is exclusive for people with a disability/special need and their families. Booking/payment is required with Towcester Centre for Leisure directly by visiting [Disability Inclusive Sports Club \(northamptonshire-carers.org\)](http://Disability Inclusive Sports Club (northamptonshire-carers.org))

Daventry Mindful Mile

As part of Daventry Town Council's Mental Health Matters Campaign they have created their very own Daventry Mindful Mile for more information please visit Daventry Town Council

Enjoy a bit of mindful fun and Walk the Mindful Mile around the town, looking out for our Meaningful Messages on route. The walk is suitable for all ages and is a welcome distraction from life stresses.

Download your Free Trail Sheet by visiting Daventry Town Council Mental Health Matters Alternatively, pick one up from the Museum or anywhere in Town where you see one of our posters.

Do you live in Daventry and identify as LGBTQ+?

Out There LGBTQ+ Support Northamptonshire currently have LGBTQ+ youth groups in Northampton, Kettering, Corby, and Wellingborough. They want to know if the young people in Daventry would like to a local group for them to join.

Complete a short survey and let them know [Daventry LGBTQ Support Survey \(google.com\)](http://Daventry LGBTQ Support Survey (google.com))

The Armed Forces Community Hubs

The Armed Forces Community Hubs provide a warm and welcoming place where members of the Armed Forces Community – Serving Personnel, Reservists, Veterans, and their families – can go to for support, advice, and comradeship.

Every session varies but typically a range of organisations will be at the Hubs such as: Veterans Community Network (VCN), The Royal British Legion, Veterans UK, SSAFA, Dept for Work and Pensions (DWP). Meeting details are below:

Daventry Volunteer Centre. New St NN11 4BT.

Thursday 24th March 14.00 – 16.00hrs.

Thursday 28th April 14.00 – 16.00hrs.

Thursday 26th May 14.00 – 16.00hrs

Contact Gordon Thomas, Armed Forces Community Hub Facilitator, for details on where and when: 07741 684 647 Gordon.Thomas@westnorthants.gov.uk

Strong Start



Chatty Child and Me

A programme of 4 x 1-hour weekly sessions for parents with children aged 18-36 months promoting communication, language, and literacy. The programme is designed to empower parents by providing tools and techniques to help support their child's language and development. Each week parents will have the opportunity to share their experiences and take part in a craft activity with their child which can be taken home with them.

Towcester Chatty Child & Me: Starting 21st March: [Towcester Chatty Child and Me Registration, Mon 21 Mar 2022 at 11:00 | Eventbrite](#)

Daventry Chatty Child & Me: Starting 22nd March: [Daventry Chatty Child and Me Registration, Tue 22 Mar 2022 at 09:30 | Eventbrite](#)

Developmental Baby Massage

Our 4-week programme will introduce developmental baby massage techniques for non-mobile babies. The session will also include information on baby development in line with Public Health messaging. There will be opportunities to socialise with other families and develop peer support groups.

Daventry Developmental Baby Massage: Starting 22nd March: [Daventry Developmental Baby Massage Registration, Tue 22 Mar 2022 at 11:00 | Eventbrite](#)

Baby and Me

A programme of 4 weekly sessions for parents with babies under 6 months. The programme will cover topics including infant feeding, growth and development, physical and social development, home learning environment, interaction, oral hygiene, parental mental health, safe sleep, minor illness and accident prevention, speech, language, and communication development, and returning to work.

Towcester Baby and Me: Starting 21st March: [Towcester Baby and Me Programme Registration, Mon 21 Mar 2022 at 09:30 | Eventbrite](#)

Northampton

Community Spaces Northampton – Community Café Briar Hill

We are launching a series of Community Cafes, starting at Briar Hill Community Centre. This café in Briar Hill is being organised by Ignite Church and will offer refreshments and cakes free of charge to local residents. This will be launching on Wednesday 16th March 12-2pm.

Community Spaces Northampton will be offering a free stay and play offer alongside the café, with resources for Under 5's to explore including soft play, books and toys. There will also be a Community Hub provision for local people to access support services in their neighbourhood.

Strong Start



Baby and Me

A programme of 4 weekly sessions for parents with babies under 6 months. The programme will cover topics including infant feeding, growth and development, physical and social development, home learning environment, interaction, oral hygiene, parental mental health, safe sleep, minor illness and accident prevention, speech, language, and communication development, and returning to work.

Kingsthorpe Baby and Me: Starting 23rd March: [Kingsthorpe 4-week Sing and Story with Me Registration, Wed 23 Mar 2022 at 11:00 | Eventbrite](#)

Blackthorn (NN3) Baby and Me: Starting 24th March : [Blackthorn \(NN3\) Baby and Me Programme Registration, Thu 24 Mar 2022 at 09:30 | Eventbrite](#)

Developmental Baby Massage

Our 4-week programme will introduce developmental baby massage techniques for non-mobile babies. The session will also include information on baby development in line with Public Health messaging. There will be opportunities to socialise with other families and develop peer support groups.

Blackthorn (NN3) Developmental Baby Massage: Starting 24th March: [Blackthorn \(NN3\) Developmental Baby Massage Registration, Thu 24 Mar 2022 at 11:00 | Eventbrite](#)

4-week Sing and Story with Me

A series of four 1 hour singing and story sessions for families with children under 5 to promote early communication skills. Each session will be themed around a story with singing of new and traditional songs. Find out how you can support your child's language development at home. You will be able to meet other families and socialise. This session is suitable for babies and children under 5. After the sessions there will be an opportunity for you to talk with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

Kingsthorpe Sing and Story with Me (4-week): Starting 23rd March: [Kingsthorpe 4-week Sing and Story with Me Registration, Wed 23 Mar 2022 at 11:00 | Eventbrite](#)

prospects

Inspiring People: Developing Potential



New Sports Project Delivered by Prospects and Trilogy Health and Fitness

Exciting new Sports Project being delivered by Prospects and Trilogy Health and Fitness. This Sports Project starts Wednesday 18th May 2022 -22nd June 2022 11.30am - 2.30pm, aimed at 16–18-year-olds. This project will be based at Trilogy Health & Fitness at Lings Forum, Weston Favell Centre, Billing Brook Rd, Northampton NN3 8JT

Week 1 - A little bit about me?

Week 2 - What employability skills are required when looking for a job?

Week 3 - CV - Is it fit for purpose?

Week 4 - Interviewing skills

Week 5 - Speed Networking / Action Plans

Week 6 - Certificates and Coaching Awards

For further information please contact Marj Wright 07714736721 or Paul White 07714736730



Impact Now

Impact-Now provides training in Personal Development and skill acquisition for youth and adults within the community and aim to impact youths and young adults by teaching them how to create revenues for themselves, helping to raise self-worth, helping them to develop marketable skills which might lead to life-long careers and/or interest or hobbies as well as improve confidence in academic work.

Impact-Now offers a wide range of activities for children and adults, which allows them to improve their educational abilities in English, Maths and Science as well as their skills in cookery, arts and craft. All workshops are free of charge to give people from all backgrounds the opportunity to build skills and become well-rounded individuals.

Classes and workshops:

Craft, jewellery making, well-being and baking sessions - 5-16years.

Eat well on a budget – 19+

Cakes and decorations – 19+

Tutoring – Reception, Key stage 1-5

Afterschool cooking programme – 5-18years

Making natural skincare products – 19+

Jewellery making – 19+

Henna designs for beginners – 18+

Food from around the world – 18+

Youth@risk of NEET – 10-18years Working with youths at risk of NEET towards achieving a more positive outcome in life For further information please contact info@impact-now.org.uk or visit Impact Now

New Play and Stay in St James!

St James Play and Stay group, St James Community Centre 144b St James Road, NN5 5LQ (opposite the post office) Thursdays 930am-1100am termtime. Join Tasha and the gang for mornings of informal fun, and friendship to aid your child's development to include;

Messy play, Singing, Sensory play

For 5's and under or for those with additional needs 8 years and under, Free-will donation per family, per session, All welcome. For more details call 01604 586384 or email info@doddridgecentre.co.uk

The Manna House Counselling Service

The MHCS offers a professionally trained service to people with problems. These problems might include a troubled marriage, a crisis - such as bereavement or redundancy - depression or suicidal feelings, emotional trauma, anxiety, relationship breakdown, eating disorders, abuse, or a personal spiritual problem. Male, female, young, old, people of faith or no faith - all are welcome.

Free wellbeing courses at The Manna House Anxiety, Depression, Self Awareness, Life Transitions, Food and Mood

Free wellbeing online courses on zoom – Wednesday evenings Stress and emotional resilience, Anxiety, Self awareness, Anger Management

To apply for these courses please contact Jayne at mhcs@mannahouse.org.uk or call 01604 633304

Counselling also available, suggested donation policy, information can be found at [The Manna House Online](#)

Northampton Street Sports is back!

Northampton Street Sports Sessions take place in different venues across Northampton. The project began in 2005 and all sessions are completely free. The project is aimed at young people aged 8-18 and are supervised by fully qualified activator coaches. Sports vary from Football, Basketball, dodgeball and much more, come down and try something new today.

Monday

Briar Hill, MUGA, NN4 8US, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Tuesday

Eastfield Park, MUGA, NN3 2AN, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Danes Camp Leisure Centre (For East Hunsbury Parish Council residents only), 4.45pm-5.45pm 5-8years, 6.00pm-7.00pm 9-13years

Wednesday

Kings Heath MUGA NN5 7LQ, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Thorplands MUGA NN3 8UN, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Thursday

Spencer MUGA NN5 7BU, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Far Cotton MUGA NN4 8NG, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

Friday

Bellinge MUGA NN3 9BB, 5.30pm-6.30pm 8-12years, 6.30pm-7.30pm 13-18years

St David Church Hall NN2 7QB, 5.30pm-6.30pm 8-18years

Before the sessions please complete a registration form which can be found by visiting [Street Sports/Street Football \(trilogyleisure.co.uk\)](#)

Abington Park Museum It's a Bugs Life

It's a bug's life, an exhibition on display at Abington Park Museum

Minibeasts, creepy crawlies- whatever you call them the small creatures that share our gardens and live in our fields are important. It's A Bug's Life is a family friendly exhibition that takes a look at their world. Find out how beetles see and hear, how they defend themselves, and how to make a beetle home in your

garden or find how a butterfly changes from a caterpillar, what the difference is between a butterfly and a moth and what is mudpuddling. From Saturday 22ND May for more Information please visit [Abington Park Museum - Museums \(northamptonmuseums.com\)](http://Abington Park Museum - Museums (northamptonmuseums.com))



NAB Events for Children and Families

We're delighted to announce the return of events for children and families – our first events since before lockdown! These events during the Easter holidays are for visually impaired children, young people, and their families – siblings, parents and carers are all welcome. A great opportunity to make new friends, have some fun and meet other families living with visual impairments. For more information on NAB (sight support for Northamptonshire) please visit Northamptonshire Association for the Blind | NAB | Sight Loss Charity

Tuesday 5 April 2022, 11am – 2pm approx. Riverside Hub, Northampton, Lunch provided for children
Cost: £5 per child, £3.75 per adult, Recommended age: 4-11

Jobs Fair

Northampton Jobs Fair, Wednesday 9th March 10am – 1pm at Cinch Stadium (Franklins Gardens) Weedon Road, NN5 5BG. 35+ exhibitors on the day! No registration required, 100s of jobs available, various sectors and industries recruiting on the day.

Free to attend for more information please visit [Northampton Jobs Fair | Job Fairs across the UK \(thejobfairs.co.uk\)](http://Northampton Jobs Fair | Job Fairs across the UK (thejobfairs.co.uk))

East Northants



Free Bleed Control Training – Hosted by Off the Streets NN CIC

Free critical bleed control training. Teaches you what to do in the event of a critical bleed to keep the casualty alive whilst waiting for Emergency Services to arrive whether using the contents of the bleed bags/cabinets and even if you don't have that at hand what you can do. Delivered by Gary from Meditech Global in partnership with Off the Streets.

Wednesday 16th March, 6.00-8.00pm at Rush2theDen, Fitzwilliam Street, Rushden. To book Tickets please visit [FREE Critical bleed control training \(Rushden\) at Rush2theDen event tickets from TicketSource](http://FREE Critical bleed control training (Rushden) at Rush2theDen event tickets from TicketSource)

Irthlingborough Library

Saturday Craft Club 19th March. Get into the swing of Spring and create some beautiful blossom artwork to take home. Drop in from 11am, session closes at 1pm, Suitable for children 5+, 50p Donation appreciated.

Science Workshop for British Science week this year, Irthlingborough Library are holding a Science Workshop presented by Super Scientists. This event is suitable for 6 to 11 year olds. Book your place now for Saturday 26th March between 10.30am to 12.30pm.

Please contact the library via messenger by visiting [Irthlingborough Library | Facebook](#) or email irthlingborough.libraryplus@northnorthants.gov.uk to book a space.



Raunds Foodbank and Community Café

Raunds Food Bank is open on a Thursday from 9.00am-12.00pm and now back open is their community café on a Friday morning 10.00-11.30am. pop in for a coffee and chat. They will also help with form filling, debt advice, back to work, homelessness and substance misuse advice and guidance.

To contact them please email enquiries@raundsfoodbank.co.uk or telephone 01933 730160 or message them through their Facebook page by visiting [Raunds FoodBank | Facebook](#)

Oundle Library Activities

Saturday 12th March from 10.30am-12.30pm take part and have some fun with the lego duplo challenge Free and just drop in.

Saturday 19th March from 10.30-11.30am. British Science Week, childrens Sunflower potting session for over 5's. Free but please book.by emailing oundle.libraryplus@northnorthants.gov.uk

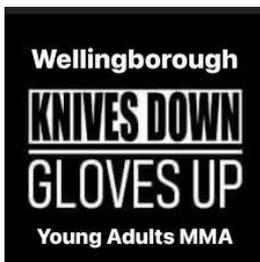
Saturday 26th March from 10.30-11.30am. Craft activity making mothers day cards. Free but please book.by emailing oundle.libraryplus@northnorthants.gov.uk

To keep up to date with all of the activities and clubs please visit [Oundle Library | Facebook](#)

Stanwick Lakes Easter Egg Trail

The Easter Egg trail at Stanwick Lakes will run all through the Easter holidays from Saturday 2nd April until Monday 18th April from 9.00am-4.00pm. Take part and win a chocolatey treat. £3.00 per taril and no booking is needed. There is a charge for carparking

Wellingborough



NN8 Knives Down Gloves Up free mma and self defence classes

We are running free mma and self-defence classes free for the local community, every **Sunday morning from 10.30am to 12.00pm**, for 12 months for young people 14 years old + come along and ask for coach Steve, if Sunday doesn't work for you, come along to register and we will sponsor you for free sessions during the week For more information please visit [NN8 Knives down, Gloves up young adults MMA - We stand against knife crime | Facebook](#)

You will find us at Leighton Coach House, High Street, Wellingborough, NN8 4JU.



Easter Egg Hunt at St Marks Church

Saturday 19th March at St Marks Church, Queensway, NN8 3SD from 12.00pm-2.00pm. Pre booking is required and costs £3.00 per child.

Refreshments for both parents and children are all included in the cost. There will be a bouncy castle and a tombola. Don't forget to bring your basket to collect all the eggs.

To book please email redemptionfunds2020@gmail.com or message through Facebook by visiting [Redeem Funds | Facebook](#)



Parent Support Drop In

Saturday 19th March, from 10.00am-2.00pm. Pop along and see what services are on offer. They will also be there for any parental support and advice. At Service Six, 15 Sassoon Close, Wellingborough, NN8 3LT.



Earls Barton Community Library and Community Centre

We are now running an additional Stay and Play session on a Monday afternoon from 2.15-3.15. Bring your under 5s along and you can both make new friends and have some different toys to play with. For more information on all the activities and community events happening at the centre please visit [Earls Barton Library and Community Centre | Facebook](#)



Strong Start Healthy Family and Me

A healthy lifestyle program for perinatal mums with a child up to 2 years. Support to reach your goals for a healthier lifestyle with fun interactive weekly sessions including:

12 weeks of fun interactive sessions involving cooking demonstrations, nutrition advice and weight management support with every session finishing with a buggy walk in the local area.

Sessions will be tailored to the needs of perinatal mums with a BMI of 28+ and offer suitable activities for their babies or child under 2.

This will be held at Penrith Family Hub on Wednesday's 10.00am-11.30am. If you are interested in joining or just want more information, please get in touch by emailing strongstartteam@westnorthants.gov.uk or telephone 07880 136070



THE
CHESTER HOUSE
ESTATE

Spring at the Chester House Estate

Easter Egg Hunt – Explore the Estate and search for the large hidden eggs. Collect the numbers on your map and collect a very special chocolate prize at the end. GF/diary free options available. Please allow for up to 60-90mins to complete the hunt.

Cade Bottle Feeding Experience – With our onsite ewes due to give birth very soon, we are incredibly excited to welcome you for the first time to our meet and greet our new borns. Our onsite lambing experts will be on hand to answer any questions you may have about our lambing season, and you can also get involved in the action and help us bottle feed our cade lambs.

Passports are available at £8.00 per person. Passports are only needed for those who are wishing to receive the chocolate prize at the end of the hunt and those who wish to feed the cade lambs. Those who are accompanying do not need to purchase a passport and are free of charge. The easter egg hunt and cade bottle feeding experiences are designed for all ages and not just children.

These events are running from 12th March until 1st May 2022. You will need to book tickets to park (Free) by visiting [Where to find us - Chester House Estate](#) this also gives you instructions of which entrance and car park to use and to book the activities please visit [Chester House Estate \(merlintickets.co.uk\)](#)

For more information on The Chester House Estate please visit their website [Home - Chester House Estate](#)



Beat the Street is coming to Wellingborough

Wellingborough is being transformed into a giant game and you are invited to play!

Beat the Street is a free, fun, walking and cycling game which gets children, young people and their families out and about in the local area, having fun and keeping healthy. The Wellingborough game runs from March 23rd to April 20th.

A Beat the Street fob is swiped at sensors called Beat Boxes which are mounted on lampposts across the area. Fobs can be collected at various sites around the town. More details will be given on how to get yours when you register.

Players gather points as they walk, cycle, or roll between Beat Boxes and climb the leaderboard for their school, group or for themselves as they progress.

Great prizes are up for grabs!

To find out more and to register please visit [Wellingborough | Beat the Street](#)

Kettering



Enfold Family Fun Day!

Christ the King in association with En-fold supporting Issacs Journey Fighting Batten Disease are holding a family fun day on Saturday 7th May 10am-2pm at Christ the King Church, Deeble Road, Kettering, NN15 7NN.

Local support services, charities and SEN information, Local craft and food stalls, bouncy castle and outdoor activities, games tombola and raffle. Come and join us! Raffle prize donations very gratefully received, please contact Aimee on 07792314679, thank you



Free Bleed Control Training – Hosted by Off the Streets NN CIC

Free critical bleed control training. Teaches you what to do in the event of a critical bleed to keep the casualty alive whilst waiting for Emergency Services to arrive whether using the contents of the bleed bags/cabinets and even if you don't have that at hand what you can do. Delivered by Gary from Meditech Global in partnership with Off the Streets.

Monday 21st March, 6.00-8.00pm at The Business Exchange to book tickets please visit [Critical Bleed Control training - Kettering at The Business Exchange event tickets from TicketSource](#)



Youth Works Spring Term 2022 Activities

Please note groups are term time only

Monday

LGBTQ+ Group 4pm – 5.30 pm Ages 11 – 16 at Keystone 97 Rockingham Road, Kettering NN16 9HX
Free of Charge

SEND Group 4pm – 5pm Ages 11-16 William Knibb Centre, Montagu Street, Kettering NN16 8AE
Free of Charge

Circus Skills 7pm – 8pm Families William Knibb Centre, Montagu Street, Kettering NN16 8AE
Cost £1.50 per person

Tuesday

LGBTQ+ Group 6.30pm – 8pm Ages 14-19 The Core at Corby Cube, George Street Corby NN17 1QG
Free of Charge

Youth Committee 5pm – 6pm 14-19 New Running 2nd and 4th Tuesday of each month. Keystone 97 Rockingham Road, Kettering NN16 9HX
Free of Charge

Wednesday

Board Game Club 6pm-8pm Ages 11-19 at Keystone 97 Rockingham Road, Kettering NN16 9HX
Free of Charge
Running every other Wednesday starting 24th February 2022

Thursday

Waste Knot 3.30pm – 6pm Ages 14-19 at Keystone 97 Rockingham Road, Kettering NN16 9HX
Free of Charge
Also 1-hour sessions on Saturday's

Friday

Dance Group 6pm-7pm Ages 6-14, 7pm-8pm Ages 14-19
Montsaye Academy, Greening Road, Rothwell, Kettering NN14 6BB
£2.50 per session
Any questions then please email rfecthere@youthworksnorthamptonshire.org

Youth Works Easter Holiday Club 2022

Suitable for 5 - 11 year olds now open for bookings.

Monday 4th April – Thursday 7th April activities include cookery, arts and crafts and sports including a coach trip on the 6th April. Cost is **£40 for all 4 days** and free to those on free school meals. For more information, please visit [Youth Works | Facebook](#)



The 'Have a Go' Arts Festival at Kettering Arts Centre St Andrews Church on the 12th of March 2022, 10am-2pm Free Entry.

Come along and join in the fun you can try:

Printmaking, Drumming, Story Telling, Digital Art, Dance, Poetry, Circus Skills, Urban Sketching and more!

To book please visit [Weaving Words creative writing workshops Tickets, Sat, Mar 12, 2022 at 10:15 AM | Eventbrite](#)



Johnny's Happy Place

A welcoming weekend cafe for those suffering with their mental health. Everyone welcome. Keystone, 97 Rockingham Rd, Kettering, NN16 9HX. Open each weekend 10-2. Join us for a meal or tea/coffee and cake and a relaxed place to enjoy the peaceful surroundings and have a chat.



Mind Kettering Wellbeing Courses

Kettering Mind has a variety of wellbeing courses for individuals aged 18 and older, to support individuals to manage their anxiety, look at ways in which they can receive 6 months of support via the Intermediate Support Service, which is for anyone living in North Northants area, who has experienced anxiety disorder, obsessive compulsive disorder, depressive episode, or stress reaction.

This support service aims to improve health and wellbeing, levels of independence, resilience through self-help and self-care, changes in your quality of life, choice and control and empowering individuals to gain confidence. To find out more about this programme please visit [Intermediate-Support-Service-Aug-2021.pdf \(ketteringmind.org.uk\)](#)

Wellbeing Courses available to adults aged 18 and older which relate to anxiety management, anger management, depression management and understand yourself better. If you want to find out more information about these courses please visit [Wellbeing-Courses-Nov-2021.pdf \(ketteringmind.org.uk\)](#). These courses are for adults living in the Kettering area.

Do you feel you would benefit from a 10 week Mindfulness course to give you the opportunity to be kinder to yourself, feel calmer and less stressed, cope with difficult or unhelpful thoughts then find out more about this course please visit [Mindfulness-New.png \(1123x1587\) \(ketteringmind.org.uk\)](#)



What's on a Desborough Library and Community Hub

Film Night Musical Romance with Tony and Maria 12th March at 7.30pm doors open at 7pm cost is £5 for entry and prize draw. Tickets can be obtained from Desborough Library, or call 01604 368169 or email dhubcontact@gmail.com

Cake Sale 17th March from 9am various cakes to purchase

Storytelling with Music Richard York 19th March at 7.30 pm doors open at 7pm cost is £7

'Knit and Natter' Every Tuesday from 1.30pm to 3.30pm cost is £1 including hot drink

Scrabble Club Every Thursday from 2pm to 3.30pm Free

'Coffee, Tea and Books' Second Wednesday of the month 10.30am to 12 cost is £1 including hot drink

Little Steps Friday's 10.15am to 11.15am Join us for a fun session for crawling babies up to 2 years old (older siblings welcome), rhymes, messy play, and free play. Cost is £1 per child (up to a max of £2 per family) please book by contacting Desborough Library.



Groundwork Northants

Today marked half way through our first 'Wellies in the Woods' outdoor family learning course run close to The Green Patch 🌳🌲💚

Each session is based on a different children's book & this week was The Gruffalo! We had lots of fun following the story through the wood to find the characters before creating them using clay and any materials we could find around us. The children who attend are enjoying the opportunity to explore freely whilst developing friendships with each other.

If you have preschool-aged children and would like to know more about this or future courses, please contact polly.shackleton@groundwork.org.uk



NAB events for children and families

We're delighted to announce the return of events for children and families – our first events since before lockdown! These events during the Easter holidays are for visually impaired children, young people, and their families – siblings, parents and carers are all welcome. A great opportunity to make new friends, have some fun and meet other families living with visual impairments.

Tuesday 12 April 2022, 11am – 2pm approx. New York Thunder Bowl, Kettering Two games and lunch, Cost: £5 per person (lunch included)

A ticket will be required for everyone wanting to bowl – parents/carers are welcome to join in the bowling or just spectate. Recommended age: 12-18 Deadline to book is: Monday 21 March 2022

Please note, all under 16s must be accompanied by a parent/carers during the events. To book a place, or for more information, contact Hugh on 01604 719193 or email hugh@nab.org.uk For more information on NAB (sight support for Northamptonshire) please visit Northamptonshire Association For The Blind | NAB | Sight Loss Charity

Corby



Corby Foodbank Update

Following an extensive review, Corby Foodbank have decided to consolidate all activities at their St Peter and St Andrew's Centre moving forward. With this in mind, the final food parcel redistribution session at the St Columba's Centre will be on Wednesday 23rd February 2022.

From Monday 28th February 2022, the Foodbank will then open/operate on a Monday (1.30pm to 3pm) and Friday (11.30am to 1pm) alone, however, the needs of their clients will be kept under continual review and should demand dictate, they will consider reinstating a Wednesday session, albeit, at the St Peter and St Andrew's Centre.



Gruffalo Orienteering at Fineshade Wood

Gruffalo Orienteering - fun family map reading challenge

Try our fun, navigational challenge at Fineshade Wood using a simple map to find twelve Gruffalo markers hidden in the deep, dark wood.

If you're feeling competitive, choose to run, walk (or skip!) the course against the clock.

Before you begin the trail, pick up a Gruffalo orienteering leaflet with a certificate and map for just £1.50 from Grounds Café. Fineshade wood can be located at Top Lodge, Fineshade near Corby NN17 3BB

Kingswood Neighbourhood Centre Youth Club

Monday sessions at Kingswood Neighbourhood Centre, Alberta Close, Corby NN18 9HU in their Youth Club room:

5-7 year olds 4pm-5pm 8-10 year olds 5pm-6pm **£1 per child per week.**

7th March Lego Building and Team Games

14th March Science Experiments

21st March Movie and Popcorn week (both groups together)

28th March Party week

Corby Library What's On?

Weekly Events

Monday 2pm – 3pm Baby Time under 1's bookable (school term time only)

Tuesday 9.30am – 12 Blue Badge Support (Appointment only)

Tuesday 2pm – 4pm Canasta Group fortnightly

Wednesday 2pm – 5pm Blue Badge Support (Appointment only)

Thursday 9.30am – 10am Rhymetime under 5s Bookable

Thursday 11.30am-12 Rhymetime under 5s Bookable

Thursday 2pm – 4pm Knit and Natter Group

Friday 10.30am – 11.30am Story Time under 5s – Bookable (school term time only)

Friday 2pm – 5pm Blue Badge Support (Appointment only)

Saturday 10.30am – 12 Family Activities – see below

Extra activities

Monday 7th March Ask at the desk about joining our adult reading group

Wednesday 23rd March Ask at the desk about joining our sounds read group

Saturday Children's Crafts for children aged 5+ 10.30am-12 all bookable

5th March - craft session for children

12th March – craft session for children

19th March – craft session for children

26th March – craft session for children

Please ask staff for more details on any of the activities listed. Saturday crafts will be detailed on library posters and on [Corby Library | Facebook](#) or call us on 0300 126 3000 option 5 option 3 or pop into the library.



Lets perform for NANNA

Sunday 13th March at 2.30 pm at The Core Theatre, Corby

This performance is a variety show for all the family. Come along and enjoy an afternoon of entertainment by local performers. Compered by **Neil Richardson** the show will include singing and dancing for all ages, plus a local group. Ticket prices of £6-£7 to book please visit [Let's Perform For Nanna | The Core at Corby Cube \(thecorecorby.com\)](http://thecorecorby.com) Other performances of interest are

The Core Dance Company Presents: The Big Dance Saturday 19th March at 5pm or 7.30 pm at The Core at Corby Cube. This is an event for local primary schools for those children who have a love and passion for dance and performing. The event will add a further link to bring primary schools together in a professional theatre environment with sound and lighting to go toe to toe with each other to present their group talent in this fantastic showcase. Ticket prices of £4.50 - £8.00 to book please visit [The Big Dance | The Core at Corby Cube \(thecorecorby.com\)](http://thecorecorby.com)

Youth Brass Band Sunday 20th March at 3pm at The Core at Corby Cube. National Youth Brass Band Champions, Youth Brass 2000, return to The Core for a fantastic afternoon of music. Join the award-winning band for a concert involving brass band classics plus contemporary music, with the excitement and energy that only a youth band can provide. Ticket prices of £12.00 to book tickets please visit [Youth Brass 2000 | The Core at Corby Cube \(thecorecorby.com\)](http://thecorecorby.com)



Free Bleed Control Training – Hosted by Off the Streets NN CIC

Free critical bleed control training. Teaches you what to do in the event of a critical bleed to keep the casualty alive whilst waiting for Emergency Services to arrive whether using the contents of the bleed bags/cabinets and even if you don't have that at hand what you can do. Delivered by Gary from Meditech Global in partnership with Off the Streets.

Wednesday 30th March, 6.00pm at Groupe CAT Rockingham Logistics Hub, Corby, NN17 5AF to book tickets please visit [FREE Critical bleed control training \(Rockingham/Corby\) at Groupe CAT Rockingham Logistics Hub event tickets from TicketSource](http://TicketSource.com)

Declaration

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.